

We have a flexible menu. Items may not always be available due to seasonal changes and ingredient availability

Green Salmon Bagel -n- Lox Plate

Wild Pacific Salmon Cold Smoked, Served with a Wheat Bagel, Matcha infused Cream Cheese, Tomato, Capers, Onion, Micro-Greens

Chorizo Breakfast Wrap(v)

Sautéed Mushrooms, Arugula, Upton's Chorizo, Tofu Scramble, Yukon Potatoes & Yams, served in a grilled Tortilla with Tomatillo salsa, Lettuce & Tomato

Falafel Wrap* (v)

Falafel, Cucumbers, Red Onion, Kalamatas, Tomato, Micro-Greens, Romaine, House-made Roasted Red Pepper Hummus and Cucumber Sauce with Chips
(*Gluten Free Falafel Salad option)

Wheat Bagel/“Everything” Bagel

With choice of Cream Cheese, Earth Balance & Jam, Peanut Butter or Vegan Cream Cheese

Deb's Famous Oats

Granola with Walnuts, Cranberries, Pepitas w/ Choice of steamed milk
(Optional to add Raspberries & Blueberries)

Sunrise Bagel Sandwich

Organic Egg, Tillamook Cheddar, Parmesan, Sautéed Mushrooms served on a Wheat Bagel with Lettuce & Tomato on the side
(Vegan Option of Tofu Scramble and Daiya 'Cheese')

Sausage Breakfast Sandwich

Garden Veggie Sausage with Cheddar and your choice of: Egg or Tofu Scramble
Choice of: Wheat Bagel -Everything Bagel or Sprouted Wheat Bread. Lettuce & Tomato on the side *Vegan Havarti/Cheeddar Available

Gluten Free Breakfast Sandwich (gf)

Gluten Free English Muffin with Tofu Scramble, Tempeh 'Bacon', Tillamook Cheddar and Tomato
(Vegan Option of Daiya 'Cheese')

The City of Yachats has a 5% Prepared Food and Beverage Tax

House Caesar Salad

Romaine tossed with House-made Lemon/Garlic Dressing, Micro-Greens -Topped with Walnuts, Cranberries, Pumpkin Seeds and Parmesan
(Vegan Option Available)

Chicken Caesar Wrap

Spinach tortilla filled with Romaine, Kalamatas, Micro-Greens, Cucumbers, Lemon-Garlic Dressing, Parmesan and Grilled Chicken* Breast
(Vegan Option Available)

The Nemo 'Fish Sticks Sammich!(v)

(Vegan Mycelium Protein by 'Quorn'!)

Crispy Fillets on Foccacia Roll w/ Housemade Tartar Sauce, Onion, Lettuce and Micro-Greens w/ Kettle Chips and Lemon Wedge

A.L.T.(v)

Avocado, Lettuce, Tomato, Micro-Greens, Veganaise in a Spinach Wrap with Kettle Chips

Sacred Cow(v)

Reuben style Tempeh Sandwich with Sauerkraut -n- 'Swiss' on a Pretzel Roll. Side of house made Thousand Island, Micro-Greens, Onion and Pepperoncinis and Kettle Chips.

The Impossibly Bomb Burger(v)

The 'Impossible' Burger on Multigrain-seeded Ciabatta Roll. Lettuce, Micro-Greens, Sliced Red Onion. Side of "Chimi-Churri Aioli Sauce", Roma Tomato Slices, Pepperoncinis and Kettle Chips

Mushroom Quesadilla

Mozzarella, Sautéed Mushrooms, Leeks and Home-made Kale-Walnut Pesto. Served with a side salad. Romaine, Micro-Greens, Tomato, Walnuts, Cranberries, Pumpkin Seeds tossed in a Balsamic Vinaigrette
(Vegan/GF Option Available)

Sesame Chicken Wrap(v)

Grilled Chicken* Breast with Home-made 'Apricot-Pineapple Chili Sauce' Toasted Sesame Seeds, Micro-Greens, Napa Cabbage & Carrots in a Chipotle Wrap. Served with Chips, Tomatoes and a side of Hot Chili-Garlic Sauce

**Gardein Brand Veggie 'Chicken'*